

WHAT IS CLAIMED IS:

1. A soup which contains natural herbs which is healthy for a consumer's diet and further helps to increase the consumer's energy level comprising, in combination:

a meat product in a range of from about 45% to about 49% by volume of total composition which provides flavoring and protein to the soup;

a liquid in a range of from about 45% to about 49% by volume of total composition which is used to separate and dilute the meat product;

spices in a range of from about 1% to about 3% by volume of total composition which is used to provide flavoring to the soup; and

Chinese herbs in a range from about 1% to about 7% by volume of total composition for adding additional flavoring to the soup and for increasing an energy level and muscle strength of the consumer.

2. A soup which contains natural herbs in accordance with Claim 1 further comprising a liquor in a range from about 0% to about 2% by volume of total composition for providing a health benefit by aiding in thinning blood of the consumer, for providing added flavor to the soup, and for providing an energy boost to the consumer.

3. A soup which contains natural herbs in accordance with Claim 1 wherein the meat product is selected from the group consisting of beef, chicken, pork, turkey, and combinations thereof.

4. A soup which contains natural herbs in accordance with Claim 1 wherein the liquid is water.

5. A soup which contains natural herbs in accordance with Claim 1 wherein the liquid is a broth.

6. A soup which contains natural herbs in accordance with Claim 1 wherein the liquid is a broth selected from the group consisting of chicken broth, beef broth, vegetable broth, and combinations thereof.

7. A soup which contains natural herbs in accordance with Claim 1 wherein the spices are selected from the group consisting of sugar, salt, black pepper, ginger powder, flavor spices, and combinations thereof.

8. A soup which contains natural herbs in accordance with Claim 7 wherein the flavor spices are selected from the group consisting of anise, cinnamon, garlic powder, and combinations thereof.

9. A soup which contains natural herbs in accordance with Claim 1 wherein the spices comprise:

sugar in an amount of approximately .005% by volume of total composition;

salt in an amount of approximately .003% by volume of total composition;

black pepper in an amount of approximately .005% by volume of total composition;

ginger powder in an amount of approximately .005% by volume of total composition; and

flavor spices in an amount of approximately .001% by volume of total composition.

10. A soup which contains natural herbs in accordance with Claim 9 wherein the flavor spices comprise anise, cinnamon, garlic powder in approximately equal percentages by volume of total composition.

11. A soup which contains natural herbs in accordance with Claim 1 wherein the Chinese herbs are selected from the group consisting of (all are spelled phonetically) yung fohk yit, yuk thoungzong, onkgrue, fongoni, puuckay, geedo, fude, quan kang, langie, luodo, nane, kao ly tim, own chong, and combinations thereof.

12. A soup which contains natural herbs in accordance with Claim 1 wherein the Chinese herbs comprises:

yung folk yit in an amount of approximately .05% by volume of total composition;

yuk thoungzone in an amount of approximately .05% by volume of total composition;

onkerue in an amount of approximately .004% by volume of total composition;

fongong in an amount of approximately .05% by volume of total composition;

puuckay in an amount of approximately .05% by volume of total composition;

geedo in an amount of approximately .04% by volume of total composition;

fudo in an amount of approximately .04% by volume of total composition;

guan kang in an amount of approximately .04% by volume of total composition;

langie in an amount of approximately .05% by volume of total composition;

lucdo'nane in an amount of approximately .05% by volume of total composition;

kao ly tim in an amount of approximately .005% by volume of total composition, and

own chong in an amount of approximately .005% by volume of total composition.

13. A soup which contains natural herbs in accordance with Claim 1 wherein the liquor is bourbon.

14. A method of making a soup which contains natural herbs which is healthy for a consumer's diet and further helps to increase the consumer's energy level comprising the steps of:

providing a meat product in a range of from about 45% to about 49% by volume of total composition which provides flavoring and protein to the soup;

providing a liquid in a range of from about 45% to about 49% by volume of total composition which is used to separate and dilute the meat product;

providing spices in a range of from about 1% to about 3% by volume of total composition which is used to provide flavoring to the soup; and

providing Chinese herbs in a range from about 1% to about 7% by volume of total composition for adding additional flavoring to the soup and for increasing an energy level and muscle strength of the consumer.

15. The method of Claim 14 further comprising the step of providing liquor in a range from about 0% to about 2% by volume of total composition for providing a health benefit by aiding in thinning blood of the consumer, for providing added flavor to the soup, and for providing an energy boost to the consumer.

16. The method of Claim 14 wherein the meat product is selected from the group consisting of beef, chicken, pork, turkey, and combinations thereof.

17. The method of Claim 14 wherein the liquid is water.

18. The method of Claim 14 wherein the liquid is a broth.

19. The method of Claim 18 wherein the broth is selected from the group consisting of chicken broth, beef broth, vegetable broth, and combinations thereof.

20. The method of Claim 14 wherein the spices are selected from the group consisting of sugar, salt, black pepper, ginger powder, flavor spices, and combinations thereof.

21. The method of Claim 20 wherein the flavor spices are selected from the group consisting of anise, cinnamon, garlic powder, and combinations thereof.

22. The method of Claim 14 wherein the step of providing spices further comprises the steps of:

providing sugar in an amount of approximately .005% by volume of total composition;

providing salt in an amount of approximately .005% by volume of total composition;

providing black pepper in an amount of approximately .005% by volume of total composition;

providing ginger powder in an amount of approximately .005% by volume of total composition; and

providing flavor spices in an amount of approximately .001% by volume of total composition.

23. The method of Claim 22 wherein the step of providing flavor spices further comprises the step of providing anise, cinnamon, garlic powder in approximately equal percentages by volume of total composition.



24. The method of Claim 14 wherein the Chinese herbs are selected from the group consisting of (all are spelled phonetically) yung folk yit, yek thungzone, onksue, tongong, puuckay, geedo, fudo, quan kang, landle, ludo, nang, kao ly tim, own chong, and combinations thereof.

25. The method of Claim 14 wherein the step of providing Chinese herbs further comprises the steps of:

providing yung folk yit in an amount of approximately .05 by volume of total composition;

providing yuk thousandone in an amount of approximately .05 by volume of total composition;

providing onkerue in an amount of approximately .004% by volume of total composition;

providing fongong in an amount of approximately .05% by volume of total composition;

providing puuckay in an amount of approximately .05% by volume of total composition;

providing geedo in an amount of approximately .04% by volume of total composition;

providing fudo in an amount of approximately .04% by volume of total composition;

providing guan kang in an amount of approximately .04% by volume of total composition;

providing langie in an amount of approximately .05% by volume of total composition;

providing ludo'nane in an amount of approximately .05% by volume of total composition;

providing kao ly tim in an amount of approximately .005% by volume of total composition, and

providing own chong in an amount of approximately .005% by volume of total composition.